

## Lesson Plan

Grade/Subject: Grade 8 / Drama Unit: Orientation Lesson Duration: 40 Minutes

OUTCOMES FROM ALBERTA PROGRAM OF STUDIES
<b>General Learning Outcomes:</b> <ul style="list-style-type: none"><li>- To acquire knowledge of self and others through participation in and reflection on dramatic experiences.</li></ul>
<b>Specific Learning Outcomes:</b> <i>Students will:</i> <ul style="list-style-type: none"><li>- Focus concentration on one task at a time.</li><li>- Develop the ability to interact effectively and constructively in a group process.</li><li>- Listen effectively</li><li>- Display increased coordination</li></ul>
LEARNING OBJECTIVES
<i>Students will:</i> <ol style="list-style-type: none"><li>1. Be able to play Alternating Hands</li></ol>
ASSESSMENTS
<b>Key Questions:</b> <p>How did we use teamwork in this class? Can anyone think of other teamwork or cooperation games? Why is teamwork important?</p>
<b>Performance Assessments:</b> <ul style="list-style-type: none"><li>- Through observation I will formatively assess students based on:<ul style="list-style-type: none"><li>- Their willingness to participate with other students</li><li>- Listen to instructions</li><li>- Their ability to practice and grow in concentration and coordination.</li></ul></li></ul>
LEARNING RESOURCES CONSULTED
<b>Resource #1:</b> <ul style="list-style-type: none"><li>- Improvisation: Learning Through Drama – Booth &amp; Lundy</li></ul>
MATERIALS AND EQUIPMENT
<ul style="list-style-type: none"><li>- Drama Room</li></ul>
PROCEDURE
<b>Introduction ( 5min.):</b> <i>Hook/Attention Grabber:</i> With everyone sitting in a circle (chairs or not) have them go around the room each saying their name. Do this 3 or 4 times each time gaining in speed.  <i>Expectations of Behaviour:</i> <ol style="list-style-type: none"><li>1) Respect, not only for me, but also for others.</li><li>2) If I'm speaking you're listening.</li><li>3) Be brave.</li></ol> <i>Advance Organizer/Agenda:</i> <ol style="list-style-type: none"><li>1. Chat</li><li>2. Walk</li><li>3. Names</li><li>4. Walking</li><li>5. Knot</li><li>6. Just a Squeeze</li><li>7. Open-Close</li><li>8. Alternating Hands</li></ol>
<b>Body ( 30 min.):</b>

**Learning Activity #1: Discussion**

- In discussion:
  - Today we will be playing a simple game of concentration called “Alternating Hands” **ASK:** Has any one played this game before. But to get to that point we need to work on our teamwork and cooperation skills.
  - ASK:** Why is it important in drama to have teamwork?

**Learning Activity #2: Walking and Naming Warm Up**

- 1) Have students walk around the room at a regular pace.
- 2) Students will make eye contact with the persons they walk by.
  - If they know the person they nod.
  - If they do not know the person they shake hands and give names.
- 3) This time when you make eye contact with a person you have to give them a high five and say the other persons name.
- 4) Name Quick Draw: While still moving around the room, make eye contact and quickly draw out your “Finger Guns” and call out the other person’s name. Who ever calls out the name slowest drops dead.
  - Do this until there is one person standing.

**Learning Activity #3: Walking Smaller Space**

Before starting this activity **ASK:** Why is it important to be safe in our classroom? Then ask each student to come up with one way they can be safe in the classroom.

Have the students walking slowly around the entire room. As they are walking shrink the room by moving in on them and cutting off their space.

- As you are cutting off their space remind that they are not allowed to touch one another.

Once you have cut the space down to 1/2 of the room have them freeze. Then have them Jump, Jump three times and Spin Jump 360 once. Then allow them to continue walking in the whole space.

- While they are walking remind them that when they are jumping and spinning they have to remember the space around them and to not touch each other.

Shrink the room 2 more times, getting smaller and smaller each time.

**Learning Activity #4: Human Knot**

While they are shrunk into one section of the room tell each student to grab two hands. It doesn’t have to be two beside them, just any hands. Now have them move into the center of the room.

Now they are going to untangle themselves, as best they can, so that when they are finished they are standing in a complete circle. It doesn’t matter which way their circle faces.

**Learning Activity #5: Just a Squeeze**

To play this one student will start by squeeze their partner’s hand. That partner will then squeeze his/her other partner’s hand until the squeeze makes its way all around the circle.

Pass the squeeze once or twice fully around the circle before stepping it up a notch.

To step it up a notch:

- Players can either pass the squeeze back the way it came
- You can decide to add another squeeze.

**Learning Activity #6: Open-Close Hand Concentration**

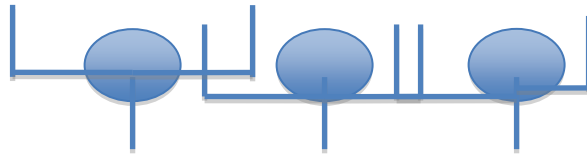
Now students will all face into the circle, sitting cross-legged (if possible), with their palms up. To play this game students will have to close their palms as the wave moves around the circle. Your palms cannot be closed/opened before the persons before you, and they cannot be opened/closed out of order.

**Learning Activity #7: Alternating Hands**

Now students will lie, stomach down, on the floor. They will interlock arms with the two people beside them and lay with their hands in front of them palm down. The point of the game is to have all the hands tap around the circle in order without missing a hand.

Practice the pattern once or twice. Then do it with elimination. If someone misses their hand or goes out of order, that hand is eliminated.

First do this in small groups of 5 and then do it as a class as a whole.



**Closure ( 5 min.):**

*Consolidation/Assessment of Learning:*

- Have students stand and do a couple stretches to calm down.
  - In group, pair, or journal discussion have students answer these questions:
    - ASK:** How did we use teamwork in this class?
    - ASK:** Can anyone think of other teamwork or cooperation games?
    - ASK:** Why is teamwork important?